



LYNCHBURG
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ROANOKE
1909 Valley View Blvd.
(540) 366-4783

www.shakers.com

APPETIZERS

Spinach Dip

Served warm with tortilla chips. \$8

Crispy Fried Buffalo Wings

Large chicken wings fried crispy and tossed in traditional buffalo sauce. \$9

Fried Pacific Calamari

Lightly breaded and flash fried. Served with marinara and Creole remoulade. \$8

Our Famous Nachos

Seafood: Shrimp, fresh salmon, chopped red onion and capers in an Old Bay cream sauce with shredded lettuce and diced tomatoes. \$10

Barbecue Chicken: Shredded chicken with smokey barbecue sauce, chopped red onion, shredded lettuce, diced tomatoes and melted queso cheese. \$9

Traditional: Chili, nacho cheese sauce, diced tomatoes, shredded lettuce, jalapenos and sour cream. \$9

Bam Bam Shrimp

A large portion of tender crispy flash fried shrimp tossed in a creamy spicy sauce. Served on a bed of shredded lettuce. \$9

Florentine Pizza

Crisp tortilla topped with creamed spinach, tomatoes, jalapeños, diced artichoke, green onion, Monterey Jack and cheddar cheeses. \$8

Add grilled chicken. \$2

Chicken Tenders

Fresh chicken tenderloins hand-breaded and flash fried. Served with our delicious honey-mustard dipping sauce. \$8

Cheese Toast Basket

Toasted cheese bread with homemade marinara. \$7

Onion Rings

Fresh-cut jumbo onions hand-breaded and flash fried. Served with honey-mustard. \$7

Southwest Chicken Quesadilla

Toasted flour tortilla filled with melted cheese, grilled chicken, bacon, diced artichoke, jalapeños and grilled onions. Served with salsa fresca and sour cream. \$9

Steamed Mussels

Prince Edward Island mussels sautéed with garlic, red onion and tomatoes in a white wine butter sauce. \$10

Steamed Shrimp

A half-pound of shrimp steamed to order in Old Bay with spicy cocktail sauce. \$10

Seared Sesame Ahi Tuna*

Served rare with crispy wontons and wasabi dressed napa cabbage. \$10

Dressings:

Ranch, Blue Cheese, Thousand Island, Honey-Mustard, Low Fat Ranch, Honey-Dill Vinaigrette, Cilantro-Lime Vinaigrette, Balsamic Vinaigrette

ENTRÉE SALADS

The Original Southern Fried Chicken

Shakers famous chicken tenders, shaved ham, cheddar cheese, tomatoes, croutons & almonds over mixed greens. Your choice of dressing. \$10

Gorgonzola Steak

Sirloin steak, lettuce, sweet peppers, cucumbers, dried cranberries, Gorgonzola cheese, walnuts and croutons tossed with honey-dill vinaigrette. \$11

Substitute sliced grilled chicken if you prefer

Cobb Salad

Iceberg and romaine lettuce topped with rows of grilled chicken, blue cheese crumbles, avocado, chopped bacon, egg, cucumber and diced tomato. With choice of dressing. \$10

Spinach

Fresh baby spinach, blue cheese, bacon, sliced egg, mushrooms, red onion, Mandarin oranges and homemade balsamic vinaigrette with grilled chicken or grilled salmon. \$11

Wedge

Iceberg, chopped bacon, crumbled blue cheese, diced tomatoes, Thousand Island and blue cheese dressing. \$6

Add a wedge salad to any entrée, \$4

Santa Fe

Sliced grilled chicken with fresh salad greens, sweet corn, black beans, tortilla strips and salsa fresca in a cilantro-lime vinaigrette. \$10

Asian Chicken

Chopped salad greens, sliced grilled chicken, crispy wontons, sweet peppers, Mandarin oranges and water chestnuts in a honey-dill vinaigrette. Garnished with peanut sauce and toasted sesame seeds. \$10

Caesar

Chopped romaine hearts, croutons, Parmesan cheese and creamy homemade dressing. Your choice of sliced grilled chicken or salmon filet. \$10

Feta Chicken

Sliced grilled chicken, sweet peppers, cucumbers, feta cheese, walnuts and mixed greens with a honey-dill vinaigrette. \$10

Chicken Almond Salad

All-white meat chicken salad in a crisp tortilla bowl on a bed of salad greens with diced tomatoes and toasted almonds. Your choice of dressing. \$10

Mexican Taco Salad

A crisp tortilla bowl with chopped greens, chili, tomatoes, cheddar cheese and sour cream. \$9

HOUSE SALADS

Add any house salad to an entree for \$3

Special House Salad

Tomato, bacon, red onion, croutons, julienne carrots, shredded cheddar cheese and salad greens. \$5

Caesar Salad

Chopped romaine, Parmesan cheese and croutons with Caesar dressing. \$5

Gorgonzola Salad

Cucumbers, sweet peppers, dried cranberries, Gorgonzola cheese, croutons, walnuts and mixed greens tossed in a honey-dill vinaigrette. \$5

SEAFOOD

Blackened Ahi Tuna*

Cajun spiced and blackened in a hot skillet. Served with Creole remoulade and choice of two sides. \$17

Carolina Seafood Platter

Flash-fried catfish fillet, shrimp and calamari served with French fries, coleslaw and tartar sauce. \$16

Twin Lobster Tails

Two cold water lobster tails pan-steamed. Served with drawn butter and choice of two sides. \$25

Fried Shrimp

Large hand breaded panko shrimp served with choice of two sides. \$16

Grilled Shrimp

Large shrimp seasoned and char-grilled. Served with choice of two sides. \$16

Shrimp Fettuccine

Succulent shrimp sautéed with fresh broccoli and tomatoes in herb garlic butter sauce. Served with toasted garlic bread. \$14

Chesapeake Crab Cakes

Two fresh hand-formed crab cakes lightly seasoned and pan seared. Served with Creole remoulade sauce and two sides. \$19

Salt & Pepper Catfish

Lightly breaded catfish fillets crispy fried golden brown and seasoned with Shakers special salt and pepper blend. Served with tartar sauce.

LARGE: Two fillets and choice of two sides. \$14

SMALL: One fillet, coleslaw and one side. \$10.5

Fresh Salmon

Char-grilled with your choice of mustard-honey glaze or Cajun seasoned with salsa fresca. Served with choice of two sides. \$16

STEAKS & RIBS

Filet Mignon*

8-ounce, center cut filet finished with butter and sea salt. Served with choice of two sides. \$22

Ribeye Steak*

12-ounce, finished with butter and sea salt. Served with choice of two sides. \$19

Angus Sirloin*

10-ounce center cut top sirloin steak finished with butter and sea salt. Served with choice of two sides. \$15

Marinated Sirloin*

10-ounce center cut sirloin steak marinated in pineapple, soy and ginger. Served with choice of two sides. \$16

Steak* & Lobster

A 6-ounce center cut sirloin paired with a pan-steamed lobster tail. Served with choice of two sides. \$24

Steak* & Crab Cake

A 6-ounce center cut sirloin paired with a sautéed Chesapeake crab cake. Served with choice of two sides. \$22

Twin Pork Chops

Two generous center cut boneless chops char-grilled and mustard-honey glazed. Served with choice of two sides. \$13

Smokey Mountain Barbecue Ribs

Slow-cooked tender Danish baby back ribs brushed with Shakers house barbecue sauce. Served with choice of two sides.

Full Rack. \$18

Half-Rack. \$14

HOUSE SPECIAL PRIME RIB

Succulent prime Rib*

Friday and Saturday night only! Available from 5:00 p.m. Supply is limited.

Make your weekend extra-special!

Savor a hearty 10-ounce cut of slow-roasted prime rib served with au jus, one side item and your choice of any house salad. Come early, as our supply is limited! \$18

ADDITIONS

Lobster Tail

Cold water lobster tail served with drawn butter. \$11

Grilled or Fried Shrimp

Rice pilaf and cocktail or tartar sauce. \$8

Chesapeake Crab Cake Coleslaw and remoulade. \$9

Sautéed Button Mushrooms \$3

SIDES

Au Gratin Potatoes

Mac & Cheese

Cinnamon Apples

French Fries

Baked Idaho Potato

Baked Sweet Potato

Rice Pilaf

Sautéed Green Beans

Creamed Spinach

Steamed Broccoli

Seasonal Vegetable Medley

Coleslaw

CHICKEN & PASTA

Chicken Tender Platter

Shakers famous fresh chicken tenderloins hand-breaded and flash fried. Served with our delicious honey-mustard sauce.

LARGE: Seven tenders and choice of two sides. \$13

SMALL: Five tenders, coleslaw and choice of one side. \$10.5

Cheesy Chicken and Mushrooms

Panko breaded double breast of chicken sautéed and topped with supreme sauce, button mushrooms and melted mozzarella cheese. Served with choice of two sides. \$14

Chicken Cordon Bleu

Boneless breast of chicken stuffed with ham and Swiss cheese, lightly fried and topped with supreme sauce. Served with choice of

two sides. \$14

Grilled Chicken Chesapeake

Grilled double breast of chicken topped with baby shrimp, crabmeat and sautéed button mushrooms in a light cream sauce. Served with choice of two sides. \$15

Asian Chicken Stir-Fry

Chunks of chicken breast, mixed Asian vegetables and water chestnuts in zesty Oriental sauce. Served over rice and garnished with crispy wontons and sesame seeds. \$13

Blue Ridge Chicken

A grilled double breast of chicken with Smokey Mountain barbecue sauce, bacon, ham and cheddar. Served with choice of two sides. \$14

Chicken Parmesan

Panko breaded boneless chicken breast topped with sautéed mushrooms, marinara, melted mozzarella and parmesan cheeses. Served with choice of two sides. \$14

Baked Spaghetti

A rich meat sauce layered with fresh pasta, topped with mozzarella and Parmesan cheeses and baked. Served with garlic bread. \$10

Cajun Chicken Pasta

Shaved grilled chicken breast sautéed in a creamy Cajun Alfredo sauce with diced tomatoes. Served over fettuccine with garlic bread. \$14

Fresh Vegetable Bake

Portabella mushroom, roasted red peppers and creamed spinach baked over rice pilaf with marinara sauce and melted mozzarella. \$11

SANDWICHES

Sandwiches served with choice of side.

Chesapeake Crab Cake Sandwich

Hand-formed lump crab cake served on a toasted bun with lettuce, tomato and Cajun remoulade sauce. \$10

Fish Tacos (3)

Flash-fried catfish, shredded lettuce, diced tomato, avocado and a drizzle of chipotle ranch in flour tortillas. \$9

French Dip

Thin sliced roast beef with grilled onions and mozzarella cheese on a toasted sub roll. Served with au jus. \$9

Hot Sicilian

Grilled ham, pepperoni and mozzarella on toasted French bread with lettuce, tomato and Italian dressing. \$9

Chicken Salad Cheddar Melt

Shakers homemade chicken salad served on toasted English muffin halves with melted cheddar and sliced tomato. \$8

Cheddar Chicken Grill

Grilled chicken breast, shaved ham, smoked bacon, cheddar and honey-mustard topped with lettuce, tomato and grilled onions. \$9

Buffalo Chicken Wrap

Spicy Buffalo-style chicken tenders with lettuce, tomato & blue cheese dressing. \$9

Chicken Tender BLT Wrap

Flash-fried chicken tenders, crispy bacon, lettuce, tomato, cheddar cheese and honey-mustard. \$9

Grilled Portabella Mushroom

Marinated portabella, roasted red pepper, red onion, fresh baby spinach and chipotle ranch dressing on a toasted whole wheat bun. \$8

Honey Wheat Club Sub Sandwich

Smoked bacon, shaved ham, turkey and melted cheddar cheese on a toasted roll with lettuce, tomato & honey-mustard. \$8

New York Reuben

Corned beef on grilled rye with Thousand Island, sauerkraut and Swiss cheese. \$8

Avocado Chicken Grill

Grilled chicken, Swiss cheese, avocado, baby spinach and Creole remoulade on a toasted whole wheat bun. \$9

Grilled Tuna Sandwich

Grilled yellowfin tuna on a toasted bun with remoulade sauce, lettuce and tomato. \$8

SOUPS

Fresh from scratch every day.
Add any soup to an entree for \$3
Cream of Broccoli \$5
Baked Potato \$5
Chicken Tortilla \$5
Firehouse Chili (no beans) \$5
Classic French Onion \$5

BURGERS

Hand pattied 8 oz. fresh ground beef. Served with one side.
Substitute Boca® burger at no extra charge.
Whole-wheat bun available upon request.
Cheeseburger*
Lettuce, tomato, red onion, mayo and your choice of American, Swiss, cheddar or provolone cheese. \$8
Add Bacon .50
Smokey Mountain Barbecue Burger*
Smoked bacon, cheddar cheese, Shakers house barbecue sauce, lettuce, tomato, red onion and mayo. \$9
Mushroom Swiss Burger*
Sautéed mushrooms, melted Swiss cheese, lettuce, tomato, red onion and mayo. \$9
Classic Southern Burger*
Chili, American cheese, mustard & slaw. \$9
Sam I Am Burger*
American cheese, fried egg, ham and Pride of Virginia relish. \$9
Patty Melt*
Grilled burger on rye toast with melted Swiss cheese, grilled onions, mayonnaise and French's yellow mustard. \$9

DESSERTS

Red Velvet Cake
A double layer of red velvet cake surrounded and topped with a real cream cheese icing. Garnished with chocolate. \$4
Mocha Mud Pie
Chocolate, vanilla and coffee ice cream, all in an Oreo cookie crust. Drizzled with Hershey's chocolate sauce. \$5
Fried Cheesecake
Banana cheesecake wrapped in a cinnamon sugared tortilla and lightly fried. Served with vanilla ice cream, all drizzled with caramel sauce. \$5
Chocolate Nut Brownie
A warm chocolate brownie topped with vanilla ice cream, walnuts and Hershey's chocolate sauce. \$5
Key Lime Pie
The real thing, graham cracker crust, whipped cream. \$4
New York-Style Cheesecake
With your choice of cherry, strawberry, blueberry, caramel or chocolate topping. \$6
Bourbon Pecan Pie \$5
Chocolate Layer Cake
A double layer of rich chocolate cake, surrounded and topped with a butter cream icing. Garnished with chocolate sauce. \$4

LUNCH Available until 4 PM Monday thru Saturday.

Chicken Tenders

Served with coleslaw and one side. \$10.5
BBQ Boston Butt Sandwich
Hot shredded Boston butt simmered in our own barbecue sauce on a soft kaiser roll topped with coleslaw. Served with one side. \$8
Crispy Fish Sandwich
Panko breaded catfish fillet, flash fried with lettuce, red onion and Thousand Island dressing on a toasted sub roll. Served with one side. \$9
Seared Sesame Ahi Tuna* Salad
Served rare with crispy wontons and creamy wasabi dressed napa cabbage. \$10
Grilled Salmon Sandwich
Served on toasted bun with lettuce, tomato and Creole remoulade. Served with one side. \$9
Sirloin Steak*
A 6-ounce petite top sirloin steak seasoned and grilled to your liking. Served with choice of one side. \$11
Salt and Pepper catfish
Flash-fried catfish fillet served with coleslaw and one side. \$10.5

Baked Spaghetti

A rich meat sauce layered with fresh pasta, topped with mozzarella and Parmesan cheeses and baked. Served with garlic bread. \$9

Chicken Fettuccine

Diced grilled chicken breast, tomatoes, button mushrooms and Alfredo sauce over fettuccine. Served with garlic bread. \$10

Healthy Choice Grilled Chicken

An 8-ounce double breast seasoned and char-grilled served with rice pilaf and choice of one side. \$9

Cheesy Chicken and Mushrooms

Panko breaded chicken breast sautéed and topped with supreme sauce, button mushrooms and melted mozzarella cheese. Served with rice pilaf and one side. \$10

Chesapeake Chicken

Grilled boneless chicken breast topped with sautéed baby shrimp, crabmeat and button mushrooms in a light cream sauce. Served with rice pilaf and one side. \$10

Glazed Pork Chop

Marinated center-cut boneless chop char-grilled and glazed with mustard-honey. Served with rice pilaf and one side. \$9

Fresh Salmon

Char-grilled with your choice of mustard-honey glaze or Cajun seasoned with salsa fresca. Served with rice pilaf and choice of side. \$10

Fried Jumbo Shrimp

Seven large panko breaded shrimp served with coleslaw, tartar or cocktail sauce and one side. \$10

PICK TWO

You Pick Two \$8.5

Half Club Sandwich

Half Chicken Salad Melt

Any House Salad

Any Homemade Soup

lunch sides

Au Gratin Potatoes

Mac & Cheese

Cinnamon Apples

French Fries

Baked Idaho Potato

Baked Sweet Potato

Rice Pilaf

Sautéed Green Beans

Coleslaw

Creamed Spinach

Steamed Broccoli

Seasonal Vegetable Medley

SPECIALTY DRINKS

You've got the thirst, we've got the quencher! Shakers offers a variety of drinks, sure to hit the spot!

Specialty Drinks

Martinis

Champagne

Wine

By the glass or bottle

18% gratuity added to parties of eight or more

For comments or inquiries, contact us at www.shakers.com

*Health Advisory

Consuming raw or under-cooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness